

A CANFORD HEALTHCARE COMPANY

Canford Healthcare

The Canford Healthcare team has a well-established reputation for providing nursing and care for the elderly to the very highest standards. In Eastbourne Canford offers a broad range of services. In addition to our meal delivery service we have a domiciliary care agency, Pentlow Community Care, and two nursing homes; Inglewood and Pentlow Nursing Home, for short and long stay nursing care, including respite and palliative care. Canford Healthcare's main mission is to promote a friendly and relaxing atmosphere of care and support which both encourages and enables our residents to live a fulfilled and interesting lifestyle, whilst providing professional nursing care.

For more information visit
www.canfordhealthcare.co.uk



Pentlow Community Care Services

Canford Healthcare also has a domiciliary care agency which can help you with a range of needs to enable you to retain independence in your own home. Our experienced and friendly team of carers are ready and able to support you in a number of ways such as shopping, assistance with getting up, going to bed, dressing, personal care, housework, medication, escort to appointments or handyman services.

For further information call
Pentlow Community Care
on 01323 431810



PENTLOW MEAL DELIVERY SERVICE

P Pentlow Meal Delivery Services
59-63 Summerdown Road
Eastbourne, East Sussex BN20 8DQ
Tel: +44 (0)1323 729610
Fax: +44 (0)1323 639819
Email: meals@canfordhealthcare.co.uk
Website: www.pentlow.co.uk


CANFORD
HEALTHCARE
WWW.CANFORDHEALTHCARE.CO.UK
Canford Healthcare PLC
Pentlow is a Canford Healthcare Company


CANFORD
HEALTHCARE



Friendly service every day

Delivering hot, freshly cooked & nutritious meals across Eastbourne and the surrounding areas

Ingredients of the highest quality



Meal Delivery Service

All meals are made from fresh, locally sourced ingredients to ensure clients benefit from a nutritious and well-balanced diet.

- Plated hot meals delivered to your door.
- Daily deliveries between 12 noon and 2pm.
- We cater for all dietary requirements.

Orders can be placed:

- Weekly in advance
- Up to 9.30am on the day of delivery
- Up to 12 noon on Friday for the weekend

For further information call our Meal Delivery Service on 01323 729610



Freshly prepared tasty meals

Our service offers choice & quality

Sample Menu

MAIN COURSE

A choice of
Roast Leg of Lamb & Mint Gravy
Homemade Savoury Meatballs
Vegetable Suet Pudding
Grilled Plaice

or

A Selection of Salads

Served with

Roast Potatoes, Creamed Potatoes,
Parsnips & Green Beans

DESSERTS

A choice of
Stuffed Baked Apple & Custard
Sherry Trifle

Our menus are changed daily



A La Carte menu every day

"Pentlow meals are lovely, the best I've ever had. The choice is good and so tasty."

Gwen Kingsford